

# MARY S. WHEELER, PH.D.

## EDUCATION

GEORGIA STATE UNIVERSITY, ATLANTA, GA

M.Ed. in Community Counseling, March, 1974

Ph.D. in Counseling Psychology, with a minor in Clinical Psychology,  
December, 1979

SMITH COLLEGE, NORTHAMPTON, MA

B.A., June, 1963

## EXPERIENCE

2004 – Present

ENERGY HEALING PARTNERS, INC., HIGHLANDS, NC  
Executive Director, Healer

1992-2003 PRIVATE PRACTICE PSYCHOLOGIST

Individual Psychotherapy, Assessment, Clinical Hypnosis,  
Energy Psychology

1986-1992 WESTERN CAROLINA UNIVERSITY, CULLOWHEE, NC

Assistant Professor and Graduate Faculty Member  
Department of Psychology

1980-1986 THE MOUNTAIN RETREAT AND LEARNING CENTERS,  
Founding Co-Director

1980-1984 DE KALB CENTER FOR PSYCHOTHERAPY, DECATUR, GA

Private Practice Psychologist (Part-time)

1977-1979 PEACHTREE & PARKWOOD MENTAL HEALTH CENTER AND  
HOSPITALS, ATLANTA, GA

Advanced Internship (half-time) - 7 months

Clinical Psychology Intern (full-time) - one year

1974-1977 THE HUB (DE KALB RESOLUTION CENTER), TUCKER, GA

Staff Member and Coordinator of Family Education

## PROFESSIONAL ACTIVITIES

*Individual Psychology: Practice and Application Issues*

Member of the Editorial Board, 1986 to 1989 and 1990 to 1997

North American Society of Adlerian Psychology

Delegate, 1994 to 1997

The Council for Healing

Representative of the Association for Comprehensive Energy Psychology,  
2002 to 2004

## **SERVICE ORGANIZATIONS**

Highlands Rotary Club, July, 1993 to present

Director of Community Service - July, 1995-July, 1996

President-Elect - July, 1997-July, 1998, President - July,

1998 to July, 1999, Past President - July, 1999 to July 2000

Rotary District 7670 - Chair of the District Family of Rotary Committee 2003-04

NC Bartram Trail Society, Secretary, 1986 to 1997

Nantahala Hiking Club - Highlands Hiking Committee, 1992 to 2007

Community Foundation of Western North Carolina – Highlands Chapter

Member 1998-2002, Chair 2001-2002

## **PUBLICATIONS**

Wheeler, M.S. (2007). Invasion of the rock face. *The American Society of Dowsers Quarterly Digest*, 46, (1), 28-29, 64.

Wheeler, M. S. (2003). *Creative Energy Therapy: The Lightworker's Guide to Energy Healing*. Highlands, NC: Author.

Wheeler, M. S. (2002). Integrating past and present: The early recollection technique. In F. P. Gallo (Ed.), *Energy Psychology in Psychotherapy*. NY: Norton.

Wheeler, M. S. (2000). An adaptation of the Connexions Focusing Technique for the 21st century. *Individual Psychology*, 56, 45-58.

Wheeler, M. S. (2000). Using the BASIS-A with couples, in *Techniques in Marriage and Family Counseling*, R. E. Watts, Ed. Alexandria, VA: American Counseling Association.

Wheeler, M. S. (1998). The creating context technique. *Individual Psychology*, 53, 396-406.

Wheeler, M. S. (1996). Using the BASIS-A Inventory: Examples from a clinical setting. *Individual Psychology*, 52, 104-118.

Curlette, W. L., Kern, R. M., & Wheeler, M. S. (1996). Uses and interpretation of scores on the BASIS-A Inventory. *Individual Psychology*, 52, 95-103.

Wheeler, M. S., Kern, R. M., & Curlette, W. L. (1994). *Interpreting Your BASIS-A Profile*. Highlands, NC: TRT Associates.

Curlette, W. L., Wheeler, M. S., & Kern, R. M., (1993). *BASIS-A Inventory Technical Manual*. Highlands, NC: TRT Associates.

Kern, R. M., Wheeler, M. S., & Curlette, W. L., (1993). *BASIS-A Inventory Interpretive Manual: A Psychological Theory*. Highlands, NC: TRT Associates.

Keene, K. K., & Wheeler, M. S. (1994) Substance use in college freshmen and Adlerian life-style themes. *Individual Psychology, 50*, 97-109.

Wheeler, M. S., & Acheson, S. (1993). Criterion-related validity of the Life Style Personality Inventory. *Individual Psychology, 49*, 51-57.

Wheeler, M. S., & White, P. E. (1991). The relationship between the Life Style Personality Inventory and External Locus of Control, *Individual Psychology, 47*, 372-379.

Wheeler, M. S., Kern, R. M., & Curlette, W. L. (1991). Life style can be measured, *Individual Psychology, 47*, 229-240.

Wheeler, M. S. (1989). A theoretical and empirical comparison of typologies, *Individual Psychology, 45*, 337-353.

Wheeler, M. S. (1988). Using Individual Psychology in the college classroom, *Individual Psychology, 44*, 150-157.

Wheeler, M. S. (1987). Parental effectiveness, in *Structured Enrichment Programs for Couples and Families*, Luciano L'Abate & Steven E. Weinstein. New York: Brunner/Mazel Publishers.

Wheeler, M. S. (1987). Assessing strengths from achievement memories, *Individual Psychology, 43*, 144-147.

Wheeler, M. S., Kern, R. M., & Curlette, W. L. (1986). Factor analytic scales designed to measure Adlerian life style themes, *Individual Psychology, 42*, 1-16.

Wheeler, M. S. (1982). Parental awareness of family values, *Individual Psychology, 38*, 138-141. (Also translated into Greek.)

Kern, R. M., & Wheeler, M. S. (1977). Autocratic vs. democratic child-rearing practices: An example of second-order change, *Journal of Individual Psychology, 223-232*.

## **PRESENTATIONS**

Wheeler, M. S. Permission Protocols for a Healthier You. American Society of Dowsers 47<sup>th</sup> Annual Convention, Warren, VT, August, 2007.

Wheeler, M.S. Beyond Intuition: Co-Creating With Higher Power. American Society of Dowsers 46<sup>th</sup> Annual Convention, Lyndonville, VT, June, 2006.

Wheeler, M.S. How Understanding Your Living System Can Lead to Better Health. 32<sup>nd</sup> Annual U.S. Psychotronics Conference, Laughlin, NV, July, 2006.

Wheeler, M.S. Upgrading Your DNA to Improve Your Immune System. American Society of Dowsers 45<sup>th</sup> Annual Convention, Lyndonville, VT, June, 2005.

Wheeler, M. S. Interdimensional Energies: What They Are and What To Do About Them. U.S. Psychotronics Conference, Columbus, OH, July, 2005.

Wheeler, M. S. Bring In Your DNA For A 60,000 Year Check Up. American Society of Dowsers 44<sup>th</sup> Annual Convention, Lyndonville, VT, June, 2004.

Wheeler, M.S. & Sweetman, S. I., Don't Let the Saboteurs Get You Down: What To Do About Biofield Disturbances. Fifth Annual Energy Psychology Conference-EC2003, Toronto, Canada, October, 2003.

Wheeler, M. S., Transforming Energy: Easier Than You Think! The 3rd European Energy Psychology & Therapies Conference, Brighton, England, August, 2003.

Wheeler, M. S., Ask and You Shall Receive: Creative Energy Therapy, Energy Psychology Conference-International 2003, Phoenix, May, 2003

Wheeler, M. S., Making a Mole-hill Out of a Mountain: Changing the Vibration of Energy, Energy Psychology Conference-Southeast-2002, September, 2002.

Wheeler, M. S., Past Lives, Present Problems, 3 hours, Toronto EPC 2001, November, 2001

Wheeler, M. S., Brain Gym, 2 hours, Energy Psychology Conference - Southeast 2001, June 24, 2001

Wheeler, M. S., Healing Core Beliefs, 3 hours, Energy Psychology Conference – Southeast 2001, June 24, 2001

Wheeler, M. S., Muscle Testing 101, 2 hours, Energy Psychology Conference – Southeast 2001, June 24, 2001

Wheeler, M. S., Repetitive Patterns, 3 hours, Energy Psychology Conference, San Diego, May 10, 2001

Wheeler, M. S., Healing Core Beliefs With the Early Recollection Technique, Energy Psychology Conference, Toronto, November, 2000.

Wheeler, M. S., ERT: A Giant Step Toward Insight, Energy Psychology Conference, Las Vegas, May 11, 2000.

Wheeler, M. S., Integrating Techniques to Change Core Beliefs, Energy Psychology Conference, Toronto, October 15, 1999.

Maguire, M.J., Carlson, J., Kern, R.M., Williams, C., Wheeler, M.S., and Bragg, C.A. Adlerian Case Consultation, NASAP Annual Convention, May 29, 1999.

Wheeler, M.S., The Early Recollections Technique, Energy Psychology Network Southeast, June 12, 1999.

Wheeler, M.S. What To Do When You Are Stuck, Energy Psychology Network Southeast, June 12, 1999.

Wheeler, M. S., The Connexion-Focusing Technique: An adaptation, SC Conference on Adlerian Psychology, Sept. 27, 1997.